

2012-13 District 21 Snack Letter

In January 2011, the Illinois State Board of Education enacted Public Act 96-0349, which requires school boards in Illinois to adopt policies promoting both the prevention and management of life-threatening allergic reactions. A copy of Community Consolidated School District 21's manual, Procedures for Managing Life-Threatening Food Allergies in School, is available on the district website or at your child's school.

We would like to take this opportunity to remind our students and their families that classroom snacks are limited to fruits (examples include apples, bananas, oranges, berries, melons, grapes, coconut, fruit cups and applesauce etc. NOT fruit roll-ups or gummy fruit pieces), vegetables (examples include carrots, broccoli, cauliflower, celery, cucumbers, pea pods, edamame etc. NOT pickles) and hard cheese (examples include string cheese, cheese cubes or sticks and cheese slices, NOT cottage cheese, spreadable or squirt type cheeses). If necessary, these snacks may be further limited in accordance with specific food allergies in a classroom.

In addition, the district does not allow food birthday treats to be sent in to school. If food treats are sent in, parents will be required to pick the treats up or they will be discarded at the end of the day. If you would like to celebrate your child's birthday with his/her classmates, we suggest stickers, pencils or other non-food items. You may also choose to donate a game or book to your child's classroom.

Finally, any food provided during the curricular day, for individual classroom and/or the whole school, must be pre-approved by the principal and school nurse.

Please feel free to contact your principal or school nurse with any questions.